# FOOD MENU



TIGERBAYSHISHALOUNGE

07488 880203
WWW.TIGERBAYSHISHA.CO.UK
234 KINGSBURY ROAD | LONDON | NW9 0BH

	tarters		
Roasted Peanuts (N)	£2.95	Chilli Crisps (G)	£2.00
Chilli Peanuts (N)	£2.95	Crispy Corn (G) Dry fried sweetcorn kernels with baby	£6.95
Plain Poppadums (2) (G)	£1.95	spinach and spices.	
Masala Poppadums (2) (G)	£3.50	Carlton Mix (G)(N) Peanuts, almonds, cashews and crisps mixed with spices and twist of lemon.	£4.95

Vegeterian Starters					
Vegetable Samosa (5) (G)(D)  Deep fried savoury pastry filled with mix vegetables, lightly spiced.	£7.95	Achari Paneer Tikka Shashlick (D)(M) Indian cottage cheese grilled in a tandoor, marinated in a spicy yoghurt with coriander, green chilli and spices.			
Pizza Samosa (5) (G)(D)  The crispy outer layers of a samosa, with the cheesy filling of a pizza.	£7.95	Tandoori Stuffed Mushrooms (7) (D)  Mushrooms grilled in a tandoor, stuffed with spicy marinated paneer and mozzarella cheese.			
Jalapeño Poppers (6) (G)(D)  Deep fried jalapeños & cream cheese covered in breadcrumbs.	£7.95	Paneer Cutlet (5) (D) £8.95  Soft paneer cutlets deep fried and tossed with a mixture of red onions, and green chillies.			
Crispy Bhajia (G) Deep fried potato slices in a batter of gram flour and spices.	£8.45	Samosa Chaat (G)(D)  Crushed vegetarian samosa, covered with sweet yoghurt and home style chutneys.  £8.45			
Onion Bhajia (5) (G)  Deep fried soft & cripsy onion slices, covered batter of gram flour and spices.	£8.45	Tandoori Broccoli (5) (D) E10.95  Broccoli grilled in a tandoor, seasoned with chilli and ground peppers. Topped with fresh cream and cheese.			
Aloo Papdi Chaat (G)(D) Diced potato and chickpeas in spices, cripsy puff pastry, covered with sweet yoghurt and home style chutneys.	£8.45	Carlton Lounge Mix Platter (G)(Ce)(D)(M) £14.95 Selection of paneer tikka shashlick, onion bhajia, crispy bhajia, chilli garlic mogo and vegeterian samosa			
Chilli Garlic Mogo (Ce)  Deep fried cassava, tossed in a special tomato masalasoy based sauce. Topped with fresh coriander. (Also available dry)	£8.45				
Indo-Chinese					
Salt & Pepper Bhindi (G)  Deep fried bhindi covered in batter with green chillies.	£9.95	Chilli Paneer (G)(D)(S)(Ce)  Paneer tossed up with diced onions and peppers, with a touch of soya and Chinese five spices  £9.95			
Vegetable Manchurian (G)(S)(Ce) Deep fried vegetable dumpling, sautéed in a tomato and chilli sauce with soya and Chinese spices.	£9.95				



Non -	Veg	eteri	ian	Starte	rs
-------	-----	-------	-----	--------	----

Meat Samosa (5) (G)(D)  Deep fried savoury puff pastry filled with mince lamb, lightly spiced.	£8.95	Tandoori Drumsticks (4) (D)(M) Chicken legs marinated with yoghurt and special spices, then cooked in a tandoor	£10.95
Chicken Samosa (5) (G)(D)  Deep fried savoury puff pastry filled with chicken mince, lightly spiced.	£8.95	Malai Chicken Tikka (6) (D)(M) Chicken pieces grilled in a tandoor, marinated in malai and cheese. A milder alternative to chicken tikke	£9.95
Mutton Rolls (5) (G)(D)  Deep fried pastry and breadcumb covered rolls, filled with spicy mutton, oinion and potato pieces.	£8.95	Carlton Fish Tikka (6) (F)(M)(D) Fish chunks grilled in a tandoor, marinated in a spicy yoghurt sauce blended with ajwain seeds and finished with a touch of lemon.	£11.95
Grilled Chicken Wings (7) (D)(M)  Chicken wings grilled in a tandoor, marinated in a traditional spiced yoghurt marinade.	£8.95	Kalmi Kebab Saffron (3) (D)(M) Chicken thighs pressed and grilled in a tandoor, marinated in light spices, yoghurt and saffron.	£10.95
Lamb Devil (S)(Ce)(G)	£13.95	Gosht Seekh Kebab (4) (E) Minced lamb grilled in a tandoor, marinated with garlic, ginger, and asian spices.	£8.95
Carlton Chicken Tikka (6) (D)(M) Chicken pieces grilled in a tandoor, marinated overnight in traditional tandoor spices.	£8.95	Carlton Prawns (C)(G)(S)  Pan fried juicy prawns, simmered in a chefs special chinese spices sauce with onion and garlic.	£18.45
Tandoori Lamb Chops (4) (D)(M) Lamb chops grilled in a tandoor, marinated in a ginger and garlic paste, mixed with chilli.	£11.95	Mix Tandoori Grill (2 each) (D)(M)(E) Perfect for sharing. Selection of chicken tikka, wings, malai tikka, seekh kebab & lamb chops.	£21.95
Tandoori Jheengey (6) (C)(D)(M)  King prawns grilled in a tandoor, marinated a lightly spiced garlic yoghurt sauce.	£17.95		

# Indo-Chinese

Chicken Lollipop (5) (Ce)(G)(E)  Deep fried chicken winglets coated in a spicy flavoured batter. Served with the chefs own chilli sauce.	£9.95	Salt and Pepper Fish (G)(E)(F)  Deep fried fish chunks coated in a light batter, tossed in a a mix of dry garlic, salt & aromatic chinese spices.	£11.50
Chicken 65 (G)(E) Fried chicken in a light batter infused with the chef special spices.	£9.50	Golden Prawns (5) (G)(C)(E)  Deep fried large king prawns in a thick golden crispy batter. Served with sweet chilli sauce.	£16.95
Chilli Garlic Chicken (G)(S)(E)(Ce) Lightly fried chicken pieces, tossed in a special garlic tomato masala-soy based sauce. Topped with fresh coriander.	£9.50	Salt and Pepper Prawns (G)(C)(E)  Deep fried prawns in batter, then dry-fried and tossed with a mix of onions, peppers and Chinese spices.	£16.95

We prepare our food in an open kitchen and therefore cannot confirm the absence of any allergens in our food If you have any questions, please feel free speak to a member of staff



Vegeterian Main Course					
Paneer Butter Masala (D) Paneer pieces, cooked in a delicately spiced rich tomato gravy.	£10.50	Daal Makhani (D) Black lentils simmered overnight, cooked in a lightly spiced tomato sauce.	£9.50		
Tadka Daal (D)(M) Yellow lentils cooked with cumin seeds, mustards seeds, asian spices & toasted garlic.	£9.50	Malai Kofta (D) Panner and potato dumplings, cooked in a buttery makhani style sauce. A real celebration of flavours.	£9.50		
Mixed Vegetable Curry (D) Sautéed mixed vegetables in a rich spiced onion and tomat gravy sauce.	£8.95	Punjabi Chole (D) Chickpea curry cooked with onions, tomatoes and lots of spices.	£8.95		
Mari Methi Corn (D) Sweet corn kernels cooked in thick gravy made with methi and Asian spices.	£9.50	Okra Masala Okra dish cooked with crisp onions, tangy tomatoes & aromatic spiced.	£9.95		
Paneer Tikka Masala (D)(M) Paneer tikka pieces, simmered in a thick onion and tomato sauce with hints of chilli and coriander, topped with cream.	£12.95	Egg Bhurji (E) Spicy onion tomato-based masala paste made and eggs are scrambled along with the masala.	£9.95		
Saag Aloo (D) Pureed spinach seasoned with green chilli, garlic and garan masala, with potato pieces.	£9.50	Paneer Burji (D) Paneer pieces crushed and scrambled, cooked with onion, tomatoes and a chef special masala.	£9.50		
Palak Paneer (D) Pureed spinach seasoned with green chilli, garlic and garam masala, with paneer pieces	£9.50	Carlton Lounge Masala Aloo (M) Baby potatoes seasoned with cumin seeds and fresh coriander, cooked in a house special sauce.	£8.50		
Cashew Curry (N)(D)   Whole cashew nut glazed in a rich, creamy, midly spiced flavourful sauce.	£12.95				
Non	- Vege	terian Mains			
Butter Chicken (D)(M) Boneless tandoori chicken pieces, simmered in a rich & buttery tomato sauce. A creamy mild curry for all tastes.	£11.95	Saag Gosht (D) Lamb pieces slow cooked in pureed spinach seasoned with green chilli, mint, garlic and our chef home ground spices.	£11.95		
Chicken Tikka Masala (D)(M) Chicken tikka pieces, simmered in a thick onion and tomato sauce with hints of chilli and coriander, topped with cream.		Kashmiri Rogan Josh (D) Braised lamb in a rich spiced gravy made from yoghurt, shallots, various spices and Kashmiri red chillies.	£11.95		
Chicken Jalfrezi Chicken pieces, cooked in a blended spiced gravy with spliced onions and ginger.	£11.95	Lamb Karahi (D) Tender lamb pieces cooked in aromatic tomato-based karahi curry sauce.	£11.95		
Chicken Korma (D)  A mild thick and creamy tomato based curry, using a braising teachnique to cook the meat.	£11.95	Lamb Khara Masala (D) (C) Slow cooked baby lamb pieces on the bone, cooked in authentic Indian spices.	£13.95		
<b>Desi Chicken Curry</b> Cooked with caramalised onion, tomatoes, garlic & spices. Topped with fresh coriander. A famous dhaba style dish. Available on and off the bone	£11.95	Lamb Rarha Gosht (D)  Braised on/off the bonelamb pieces combined and cooked in our house special lamb mince. An exclusive lamb dish that is truly one of a kind.	£13.95		
Chicken Malai Handi (D)(M) Alai chicken tikka pieces, cooked in a rich, nutty & creamy sauce. A mild dish orginating from Mughul times.	£13.95				



#### Sea Food

#### Goan Fish Curry (D)(F)(M)

£12.95

#### King Prawn Karahi (C)(D)

£17.95

Fish pieces cooked in a coconut and tomato based gravy with onion, garlic & fresh spices. A truly Goan experience.

King prawns cooked in karahi sauce on a slow flame flavoured with fresh chopped tomatoes and ginger with diced onions & peppersfinished with fresh coriander.

# Hyderabadi Biryani

Vegetable Biryani

Chicken Biryani (D) £10.45

£12.95

Mix vegetables with basmati rice cooked on dum.

Tender chunks of chicken in an authentic spice mix with basmati rice cooked on dum. Available on or off the bone

Lamb Biryani (D)

£13.95

King Prawn Biryani (C)(D)

£17.95

Tender cubes of lamb with basmati rice cooked on dum. Available on or off the bone

Finest basmati rice with king prawns cooked on dum

## **Oriental Rice & Noodles**

Egg Fried Rice (E)(S)(G)(V)(Ce)

£8.95

Vegetable Chow Mein (S)(V)

£9.50

Vegetable Fried Rice (G)(S)(V)(Ce)

£8.95

Chicken Chow Mein (G)(S)(E)(Ce)

£10.95

Chicken Fried Rice (G)(S)(E)(Ce)

£10.95

Carlton Special Noodles (G)(S)(C)(E)(Ce) £13.95

Carlton Special Fried Rice (S)(C)(G)(Ce)(E) £13.95

Chef's special noodles with shrimps, chicken and fried crushed eggs.

Chef's special rice with shrimps, chicken and fried crushed eggs.

### Wraps £12.95

All our wraps served with fries

Chicken Tikka (D)(G) | Seekh kebab (D)(G)(E) | Paneer Tikka (D)(G)(M)

	Rice &	Breads	
Steamed Basmati Rice	£4.50	Chilli Naan (G)(D)	£3.95
Jeera Rice (D)	£4.50	Chilli Garlic Naan (G)(D)	£4.50
Pilau Rice	£4.95	Plain Paratha (G)(D)	£4.50
Tandoori Roti (G)	£3.50	Peshwari Naan (G)(D)(N)	£4.95
Butter Roti (G)(D)	£3.95	Cheese Naan (G)(D)	£4.95
Tandoori Naan (G)	£3.50	Chilli Garlic Cheese Naan (G)(D)	£5.95
Butter Naan (G)(D)	£3.95	Kheema Naan (G)(D)(E)	£5.95
Garlic Naan (G)(D)	£3.95	Bread Basket (G)(D) Assortment of mini garlic naan, butter naan, paratha	£13.95

Salads & Extras				
Onion Salad	£1.95	Desi Salad	£4.50	
Plain Yoghurt (D)	£2.50	French Fries	£4.95	
Mix Veg Raita (D)	£3.50	Masala Chips (Ce)	£6.95	
Kachumber Salad	£4.50	Add Cheese (D)	+£1	

We prepare our food in an open kitchen and therefore cannot confirm the absence of any allergens in our food If you have any questions, please feel free speak to a member of staff



## Desserts

Ras Mali (D)(N)  Delicacy of spongy soft cheese dumplings that are cooked in sugar syrup and then soaked in creamy cardamom-saffron milk.	£4.95	American Nutter Waffle (G)(N)(E) Plastered with American Peanut Butter and garnished with generous helping of Nutella.	£8.45
Kulfi (G)(D)(N) Traditional Indian ice-cream. Choice of mala, almond, pista or mango.	£4.45	Banoffee Waffle (G)(N)(E) Smothered with Nutella. Served with a banana and drizzled with delicious toffee syrup.	£8.45
Gulab Jamun (G)(D)(N)  Dough balls in a sweet sticky sugar syrup. Topped with crushed pistachio.	£4.45	Oreo Way (G)(D)(E) Smothered with crushed Oreo cookies and drizzled with melted Belgian Chocolate.	£8.45
Chocolate Brownie (S)(D)(N)(E)  Dense and gooey chocolate brownie slice. Served with ice cream.	£5.45	<b>Lotus Waffle (G)(D)(E)</b> Drizzled with lotus spread and sprinkled with crushed Lotus biscuits.	£8.45
Carrot Cake (S)(D)(N)(E)(G) Sweet and moist carrot cake with nuts & layered with luxurious buttercream. Served with cinnamon cream.	£6.45	Canadian Waffle (G)(E)(D)  Dusted with cinnamon powder and drizzed with luscious canadian maple syrup.	£8.45
Victoria Sponge Cake (G)(N)(E) Classic sponge tray cake with a filling of buttercream & raspberry jam finished with a dusting of icing sugar. Served with ice cream.	£6.45	Ferrero Waffle (G)(D)(N)(E)  Covered in irresistible Ferroro Rocher, milk chocolate chips and generous toppings Nutella and crushed nuts.	£8.45
Belgian Chocolate Cake (S)(D)(N)(G) Chocolate cake made with Belgian chocolate chunks topped with chocolate frosting. Served with ice cream.	£6.45	Rainbow (G)(D)(N)(E)  Drizzled with melted Belgian chocolate and covered with rainbow coloured M&M chocolates.	£8.45
Oreo Cheesecake (G)(D) Famous home-made style cheesecake, made with Oreo biscuits and covered with chocolate sauce.	£6.45	<b>Bounty Blast</b> (G)(D)(E) Crumbled Bounty chocolate drizzle over a fresh crispy waffle.	£8.45
Ferrero Cheesecake (G)(D)(N) Indulge in a home-made style Ferroro Cheesecake topped with nutella and crushed nut.	£6.45	Chocolate Waffle (G)(D)(E) Melted Belgian chocolate and chocolate flakes. Available in milk and white chocolate.	£8.45
		Milkshakes (G)(D)(N) Selection of Milkshakes; Bounty / Kit Kat/ M&M Peanuts / Mint Areo / Oreos Snickers / Kinder Beuno / Kinder Beuno White	£6.45
		Premium milkshakes Ferrero Rocher / Lotus Biscoff / Fresh Banana / Fresh Strawberry / Fresh Mango	



TIGERBAYSHISHALOUNGE

07488 880203

WWW.TIGERBAYSHISHA.CO.UK

234 KINGSBURY ROAD | LONDON | NW9 0BH